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1	Provider Name	AGES THEY WORK WITH	PRESENTING CONCERNS THEY WORK WITH	Phone Number	Email	Website
2	Cristina Smugala	Adults	Trauma and PTSD Anxiety Addiction, Alcohol Abuse Anxiety Coping Skills Depression Divorce Drug Abuse Family Conflict Grief Obesity Parenting Peer Relationships Relationship Issues Self Esteem Sexual Abuse Substance Abuse	(314) 888-5212	cristina@emdrtherapyheals.com	<a href="https://www.emdrtherapyheals.com/">https://www.emdrtherapyheals.com/</a>
3	Stephanie Whitney	Children (6 to 10) Preteens / Tweens (11 to 13) Adolescents / Teenagers (14 to 19) Adults Elders (65+)	Eating Disorders Anxiety	(314) 336-1097	swhitney@careandcounseling.org	<a href="https://careandcounseling.org">https://careandcounseling.org</a>
4	Tina Villalobos	Preteens / Tweens (11 to 13) Adolescents / Teenagers (14 to 19) Adults Elders (65+)	Dissociative Disorders Impulse Control Disorders Mood Disorders Personality Disorders	(314) 328-5097, (314)-222-5873		<a href="https://www.claytonbehavior.com/contact#PROVIDERS">https://www.claytonbehavior.com/contact#PROVIDERS</a>
5	Rebecca Ehrke	Adolescents / Teenagers (14 to 19) Adults	Alcohol Abuse Anxiety Coping Skills Depression Divorce Drug Abuse Family Conflict Grief Obesity Parenting Peer Relationships Relationship Issues Self Esteem Sexual Abuse Substance Abuse	(847) 386-2515	rebecca.ehrke@gmail.com	<a href="http://www.rehrketherapy.com">www.rehrketherapy.com</a>
6	Michele Marshall	Adults, Couples	IFS, EMDR, SE advanced student ,Sex Therapy	(314) 645-1075	mmarshall6@gmail.com	<a href="http://selfleadership.org/michele-marshall-st-louis_practitioner2336.html">selfleadership.org/michele-marshall-st-louis_practitioner2336.html</a>
7	Jennifer Nahm	Adolescents / Teenagers (14 to 19) Adults Elders (65+)	Coaching Cognitive Behavioral (CBT) Emotionally Focused Family Systems Humanistic Mindfulness-Based (MBCT) Somatic Strength-Based Trauma Focused	(636) 442-1813 636-375-1285	JenniferMNahm@gmail.com	<a href="http://jennifernahm.com">jennifernahm.com</a>
8	Amanda Fondow	Adults	Addiction Coping Skills Depression Dual Diagnosis Grief Life Transitions Peer Relationships Relationship Issues Self Esteem Stress Substance Abuse Suicidal Ideation Traumatic Brain Injury Women's Issues	(833) 563-5048		<a href="http://mindfulstl.com">mindfulstl.com</a>
9	Joan Brackman	Adults Elders (65+)	Anxiety Behavioral Issues Career Counseling Chronic Impulsivity Coping Skills Depression Developmental Disorders Divorce Domestic Abuse Emotional Disturbance Family Conflict Grief Infertility Infidelity Internet Addiction Life Transitions Obsessive-Compulsive (OCD)	(314) 227-9950		

			Parenting Peer Relationships Self-Harming Sex Therapy Sexual Abuse Sexual Addiction Spirituality Suicidal Ideation Transgender Trauma and PTSD Women's Issues			
10	Danielle Kiesler	Individuals Couples Family	Anger Management Career Counseling Child or Adolescent Chronic Pain Codependency Coping Skills Couples, medical conditions, stress Developmental Disorders Domestic Violence Emotional Disturbance Family Conflict Grief Life Coaching Life Transitions Parenting Peer Relationships Pregnancy, Prenatal, Postpartum Relationship Issues Self Esteem Sexual Abuse Sleep or Insomnia Spirituality Trauma and PTSD Traumatic Brain Injury Women's Issues	(314) 786-3435 (314) 827-5448	http://danceofchange.com/	Danielle [a] danceofchange.c
11	John Rapp		cognitive-behavioral treatments, such as CBT-E for eating disorders, exposure and response prevention for anxiety disorders, Prolonged Exposure therapy for PTSD, and dialectical behavior therapy for problems of emotion regulation and self-harm.	(314) 534-0200	www.slbmi.com	Therapist @ St. Louis Behavior Medicine Institute
12	Holly Strelow	Preteens / Tweens (11 to 13) Adolescents / Teenagers (14 to 19) Adults Elders (65+)	Anxiety Behavioral Issues Career Counseling Chronic Impulsivity Coping Skills Depression Developmental Disorders Divorce Domestic Abuse Emotional Disturbance Family Conflict Grief Infertility Infidelity Internet Addiction Life Transitions Obsessive-Compulsive (OCD) Parenting Peer Relationships Self-Harming Sex Therapy Sexual Abuse Sexual Addiction Spirituality Suicidal Ideation Transgender Trauma and PTSD Women's Issues	314 400 8109 (314) 814-3629 (314) 309-3605	Holly@HollyStrelow.com	www.hollystrelow.com
13	Christina Thayer	Adolescents / Teenagers (14 to 19) Adults	ADHD Anxiety Career Counseling Codependency Coping Skills Depression Divorce Family Conflict Infidelity Self Esteem Sexual Abuse Spirituality Stress Transgender Trauma and PTSD	(314) 309-3502		terracehousestl.com

			Weight Loss			
14	Brady Sullivan	Adolescents / Teenagers (14 to 19) Adults	Alcohol Abuse Anxiety Depression Marital and Premarital Men's Issues Self Esteem Spirituality Transgender	(314) 262-4491	contact@changeincorporated.org	http://changeincorporated.o
15	James Ahearn	Children (6 to 10) Preteens / Tweens (11 to 13) Adolescents / Teenagers (14 to 19) Adults	Impulse Control Disorders Personality Disorders Psychosis Thinking Disorders	(314) 325-1594		http://www.trinitywellnesstl.
16	Brittany Murphy	Adults Elders (65+)	Acculturative Stress Anxiety Career Counseling Compassion Fatigue Depression Family Conflict Grief Infertility Men's Issues Peer Relationships Pregnancy, Prenatal, Postpartum School Issues Self Esteem Stress Transgender Women's Issues	(314) 665-1768	bnmurphy@psychservstl.com	www.drbrittanymurphy.com
17	Lindsay Dicke	Preteens / Tweens (11 to 13) Adolescents / Teenagers (14 to 19) Adults	Anger Management Behavioral Issues Child or Adolescent Codependency Coping Skills Life Coaching Life Transitions Relationship Issues Self Esteem Self-Harming Sexual Abuse Spirituality Stress Transgender Women's Issues	(314) 347-3292	lindsay@compassionatebodymind.com	www.compassionatebodymind.com
18	Gina Rocchio-Gymer	Preteens / Tweens (11 to 13) Adolescents / Teenagers (14 to 19) Adults	ADHD Adoption Behavioral Issues Child or Adolescent Coping Skills Depression Divorce Emotional Disturbance Grief Infertility Obsessive-Compulsive (OCD) Parenting Pregnancy and Postpartum Adjustment Self Esteem Trauma and PTSD Women's Issues	(314) 514-4285	Wellnesswithinstl@gmail.com	http://wellnesswithincounseltl.com/
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